

HALIFAX metro®



I'm sorry, did you say Peter Jackson?

Evangeline Lilly says she was done with acting — till the Hobbit director called **PAGE 13**

Shelter from the storm

Man's death leaves many wondering how to get the mentally ill indoors from the cold and to safety **PAGE 8**

Vehicle hits yet another pedestrian

Halifax police have seen 'an extraordinary rise' in crosswalk accidents **PAGE 3**

MOOSEHEADS GM SOUNDS OFF

CAM RUSSELL'S TICKED THERE'S NO SUSPENSION FOR HIT ON STAR DROUIN **PAGE 17**



Candles, songs for Rehtaeh's birthday



Leah Parsons, centre, hangs an ornament on a Christmas tree during a vigil in honour of her daughter Rehtaeh as partner Jason Barnes looks on Sunday night in Dartmouth. RUTH DAVENPORT/METRO

Vigil. Friends, family gather to remember teen who took her own life after bullying

Rehtaeh Parsons' mother ended a vigil in honour of what would have been the teen's 18th birthday with a resigned but encouraging message for the small crowd of supporters.

"Justice isn't going to come for Rehtaeh in the court system," said Leah Parsons on Sunday evening. "It is going to come from community support and from all of you great people who support things in our communities to help our children."

Rehtaeh died in April after she was taken off life support following a suicide attempt. The 17-year-old had allegedly been sexually assaulted at a party two years earlier, and was bullied after a photo of the incident was shared via social media.

Rehtaeh's birthday is Dec. 9, and friends took to the microphone during the vigil at Sullivan's Pond in Dartmouth to share memories of a compassionate, lively young woman who loved animals, nature and



Rehtaeh Parsons FACEBOOK

her friends.

"Her strength gave me the courage to move forward and overcome my own obstacles and struggles," said Anneke Wigle. "I am now on a much better path in life and on my way to becoming a social worker. I want to make a difference in the lives of youth like myself and Rehtaeh."

Members of the All Nations Drum Group performed a smudging ceremony and three songs in Rehtaeh's honour.

"Her work has just begun and she's done so much already to bring about change in our society," said elder Dorene Bernard as the group began the Warrior Song.

RCMP investigated the alleged sexual assault but didn't

Quoted

"Silence means no. 'I don't know' means no. If she doesn't say 'yes,' get your clothes on and go." HRM poet laureate El Jones

lay any charges. The case was reopened after Rehtaeh's death, and two teens are facing charges of possessing and distributing child pornography.

HRM poet laureate El Jones attended Sunday's vigil and decried modern rape culture in two blistering performances, one about an attack on a friend by three "well-dressed men" who plied the young woman with shots before taking her home, raping her, and dumping her naked and unconscious in a stranger's empty swimming pool.

"If there's ever any doubt in their minds, I guess they tell themselves it's fine, we had her consent — I mean we were all drunk, but she knew what we meant," Jones recited, as the shivering crowd listened in rapt stillness. "It's not like we're bad guys, so of course it wasn't rape." RUTH DAVENPORT/METRO



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South Africa. Premier joins delegation to honour Mandela

Premier Stephen McNeil is joining the Canadian delegation travelling to South Africa to honour Nelson Mandela.

The delegation includes Prime Minister Stephen Harper, as well as three of his predecessors — Brian Mulroney, Jean Chretien and Kim Campbell — and other Canadian premiers.

McNeil will attend memorial events for Mandela while in South Africa, including his lying in state in Pretoria on Wednesday.

"The world has lost one of the greatest leaders and humanitarians it has ever known," said McNeil. "His life and teachings will continue to have a positive impact on people around the globe, and I am honoured to accept the prime minister's invitation to pay respects on behalf of the people of Nova Scotia."

Mandela died on Thursday at the age of 95. His body will lie in state from Wednesday through Friday. A state funeral for the former South African president is planned for next Sunday. **THE CANADIAN PRESS**



Premier Stephen McNeil
THE CANADIAN PRESS

Book of condolences

Those who wish to express their memories of Mandela can leave messages on the federal book of condolences at commemoration.gc.ca.



Paramedics care for a woman pinned between two vehicles in the parking lot of a Dartmouth apartment building Sunday morning. COURTESY SEAN DEWITT

Woman hurt in crosswalk mishap

'Extraordinary rise.'
Another pedestrian
pinned between vehicles



PHILIP
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When will it end?

For the sixth time in the past seven days, there's been a pedestrian hit by a vehicle in a Halifax-area crosswalk.

The latest mishap took place at about 12:45 p.m. Sunday on Lacewood Drive as a woman jogger was struck by a car as

she crossed the busy stretch of road in a marked crosswalk near Radcliffe Drive.

The victim was taken to hospital with a possible concussion, while a 21-year-old man driving the car was ticketed for failing to yield to a pedestrian in a crosswalk.

"Anybody who has been following along knows we've seen an extraordinary rise in the amount of these incidents," said Halifax Regional Police Staff Sgt. Lindsay Hernden.

Since last Monday, five other people have been hit by vehicles in crosswalks. Two happened last Monday, one on

Quoted

"Both drivers and pedestrians have to be as vigilant as they possibly can." Staff Sgt. Lindsay Hernden

Tuesday, another Wednesday and a fifth on Friday.

Hernden points out several of those accidents happened at night when it was raining and foggy, but adds it's up to both drivers and pedestrians to be more careful.

Another woman was also hit by a vehicle Sunday, but it

wasn't in a crosswalk.

Police say the victim was pinned between two cars as she was parked in front of an apartment-building dumpster adjacent to 94 Gaston Rd.

Hernden said the woman parked by the dumpster and got out around 10:20 a.m. Around the same time, the driver, a 53-year-old woman, backed out of a parking space and ran into the victim, pinning her between the two cars.

The woman suffered serious injuries, which included several broken bones.

There's been no word on possible charges.

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Way cleared to explore taxi medallions for Halifax area

Autonomy. Councillor says it's worth exploring the idea of taxi drivers controlling own permits



RUTH DAVENPORT
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HRM's transportation committee is recommending asking the province for the tools to allow a taxi medallion system in the city, though it isn't taking a position on the system itself.

Coun. Russell Walker tabled a motion at last week's committee meeting recommending regional council direct staff to seek "enabling legislation."

Walker said it's not a statement for or against the idea.

"But without the legislation, you can't go any further. It's useless," he said.

Under the medallion system, the permit is owned by the taxi driver — not the city

The fleet

610

The number of taxi permits currently allowed in HRM

or province. The system allows a driver to transfer or sell the permit to another driver upon retirement, rather than having the permit revert to the city.

Two staff reports have cautioned against the proposal, citing abuses in larger cities where individuals and groups collect medallions and lease them for grossly inflated rates.

But the president of the Halifax Taxi Drivers Association said the proposed framework eliminates that fear.

"We've made it so it's one driver, one medallion only," said Al DesLaurier. "That way, the taxi driver controls his own industry." DesLaurier said the medallion system gives taxi drivers autonomy, earning potential and choice.



The president of the Halifax Taxi Driver's Association said the medallion system gives taxi drivers autonomy, earning potential and choice. JEFF HARPER/METRO

Bedford Highway projects may be put on hold



Coun. Tim Outhit METRO FILE

Bedford councillor Tim Outhit is hoping Halifax regional council agrees to defer developments along the Bedford Highway until a strategy is in place to handle the population growth.

The Community Planning and Economic Development Standing Committee suggests that council accept a traffic report on the Bedford-Halifax corridor. They also recommend deferring consultation on developments in the area until reviews of the Regional Plan, transit and commuter

rail are finished.

They would also like council to decide on a development charge to help offset transportation costs.

"We should have all answers within a year," Outhit said Sunday. "If we can accommodate growth, fine. If we can't, then we're going to have to cut back our expectations."

Public consultation on five developments in Bedford, Fairview and Clayton Park that would move 10,000 to 15,300 people into the area were put on hold over a year ago until a

One vision

Coun. Tim Outhit's ideal transit corridor includes:

- Commuter rail or ferries on the waterfront, more lanes and turning lanes on the Bedford Highway and Park-and-Ride with express buses from Hammonds Plains.

traffic analysis could be done. Last month, Outhit said

he would "reject" the traffic report's idea that the Bedford Highway can handle the increase as long as Bayers Road is widened.

"The Bedford and Rockingham transit service just can't take this influx of people," Outhit said. "We're at risk of gridlock now."

The Motherhouse development at Mount Saint Vincent University has already been approved, but Outhit said he doesn't expect it to create much strain on current traffic.

Outhit said the situation

is similar to that in Bedford south, where people couldn't move into their homes until the Hammonds Plains Road was widened and the Larry Uteck Interchange was in place.

The councillor said he's not expecting a long debate over the recommendations because most understand the importance of preparing for growth and creating a way for developers to contribute to future costs rather than "saddling the taxpayers with it all."

HALEY RYAN/METRO

North end

Water restored after 18 hours

About 100 Halifax-area homes were without water for about 18 hours Saturday after a pipe broke. Water was cut off early Saturday morning after a water-main break on Herring Cove Road near Green Acres Road.

THE CANADIAN PRESS

Compensation

Province to review politician salaries, pensions, benefits

An independent panel will conduct a review of salaries, pensions and benefits paid to Nova Scotia politicians under tabled legislation.

Premier Stephen McNeil said Friday that changes to the House of Assembly

Act would allow a three-person panel to also look at housing and constituency allowances, among other benefits.

He said the panel members could be announced as early as next week and suggested its membership would come from people with diverse backgrounds, instead of being led solely by academics or ex-judges.

The legislation gives the panel until March 31

to complete its work. That changes a previous provision that stipulated reviews were to be completed within 90 days following a general election, which was held Oct. 8.

Progressive Conservative Leader Jamie Baillie expressed disappointment with another review of the compensation paid to politicians, who receive a base salary of \$89,234.90.

THE CANADIAN PRESS



PC Leader Jamie Baillie METRO FILE

Early morning

Gunfire heard but no evidence found

Police say they received several reports of gunfire in north-end Halifax early Sunday morning.

Sgt. Lindsay Hernden said calls came in around 4:15 a.m. about possible gunfire in the area of Dufus Street and Jarvis Lane.

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Death of homeless man stresses need for outreach

Refusing shelter.

Government and shelters looking at ways to bring those with mental illness in from the cold

When Doug Greene heard his homeless friend had died in a burning bus shelter in a small town in Annapolis Valley, it reminded him of his own vulnerability.

"It could be me," said the resident of Kentville about the nighttime death of Harley Lawrence in Berwick on Oct. 23.

"It's just that simple."

Greene, 48, said his own depression and alcoholism caused him to resist seeking shelter and treatment in the past.

He joins other Nova Scotians, from the province's health minister to street outreach workers, who say Lawrence's death — deemed suspicious by police — has left them wondering how to bring people in from the cold when they're suffering from mental illnesses and addictions.

"I know there's help

there, but unfortunately due to mental illness I really don't want to go," said Greene, his hand clasping a cup of steaming coffee provided at a drop-in centre.

Greene says he is living in a rooming house, but he once slept outdoors in rural Nova Scotia. He became friends with Lawrence a few years ago, he says, and saw him sleeping under stairwells.

Lawrence's brother Ronald says Harley was never formally diagnosed with a mental illness, but in his mid-20s he became increasingly reserved and paranoid, would drift from town to town and refused contact and help from his brothers and sisters when they approached him.

Chaplain John Andrew, the director of the Open Arms emergency shelter in Kentville, says Lawrence's case shows the need for street outreach workers in rural areas and highlights the lack of low-rent rooming houses and apartments.

He also says the province's Involuntary Psychiatric Treatment Act should be altered to give families, police and mental health staff more say on identifying and sending a person to receive psychiatric care when sleep-



Harley Lawrence, who had lived on the streets of Berwick since last spring, was the victim of a fire on Commercial Street on Oct. 23. KENTVILLE REGISTER

Personal struggle

"Sometimes being by yourself and being isolated is better than having everybody else know."

Doug Greene, friend of Harley Lawrence, on choosing to go without shelter when dealing with mental illness.

ing outdoors becomes dangerous.

Andrew estimates he's dealing with six to 12 people in the eastern part of the Annapolis Valley who are homeless and are unwilling or unable to seek shelter due to their deteriorating mental health.

"We are powerless to make any decision on their behalf," he said. **THE CANADIAN PRESS**

Treating mental illness

Improving psychiatric care

Health Minister Leo Clavine, who represents the riding where Harley

Lawrence died, says he's reviewing about 100 recommendations from a two-member panel on the province's Involuntary Psychiatric Treatment Act and expects this will lead to an "overhaul" of the act.



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New Glasgow

Man allegedly spotted with handgun on street

A 27-year-old man is facing numerous weapons charges after he was allegedly spotted with a handgun in Nova Scotia.

New Glasgow Regional Police say officers were called to the area of MacDonald and Stewart streets around 2 a.m. Sunday after reports of a man with a handgun.

Police say officers and a police-dog unit quickly found the suspect and the handgun.

The man from Pictou County was arrested and is facing multiple firearms charges.

No one was injured. **THE CANADIAN PRESS**

Truro

Retirement home nurses share \$1M lotto win

Life for Wanda Kent and 15 other nurses at the Parkland Estates in Truro just got easier thanks to a \$1-million lotto win, according to an Atlantic Lottery release.

Kent said she had been buying lottery tickets from

the Le-A-Pol Grocery for years but only recently began playing lottery tickets with the other nurses in the last three months.

She validated their winning LOTTO MAX ticket from the Nov. 30 draw on Monday, and Atlantic Lottery presented the cheque to the nurses at a ceremony in Truro Friday afternoon.

THE CANADIAN PRESS



Nursing staff in the Truro Retirement Home Complex are photographed with the winners cheque. CONTRIBUTED



People hold hands as Rev. Ndumiso Gawe leads them in prayer outside the home of former president Nelson Mandela in Johannesburg, South Africa, Sunday. South Africans flocked to houses of worship for a national day of prayer and reflection to honour Mandela, kicking off planned events that will culminate in what is expected to be one of the biggest funerals in modern times. MATT DUNHAM/THE ASSOCIATED PRESS

South Africans unite to remember Mandela

Farewell to a hero.

Mourners of all races come together to celebrate the man called 'that moonlight in the dark night'

A force for unity

"He said, 'Let's forgive,' and he forgave. That created a space for people to feel safe ... at a time when the expectation was that there was going to be a war."

Rev. Niekie Lamprecht, pastor of the Dutch Reformed Church of Pretoria East, who said Mandela was the driving force behind changes of attitude in the congregation's overwhelmingly white parishioners.

In death, Nelson Mandela unified South Africans of all races and backgrounds Sunday on a day of prayer for the global statesman — from a vaulted cathedral with hymns and incense to a rural, hilltop church with drums and dancing.

Mandela was remembered in old bedrocks of resistance as well as former bastions of loyalty to apartheid.

"May his long walk to freedom be enjoyed and realized in our time by all of us," worshippers said in a prayer at the majestic St. George's Cathedral in Cape Town, where the first

white settlers arrived centuries ago aboard European ships.

South Africa's reflection on Mandela's astonishing life was a prelude to a massive memorial in a Johannesburg stadium Tuesday that will draw world leaders and luminaries. They will gather to mourn, but also to salute the achievements of the prisoner who became president and an emblem of humanity's best instincts.

The extended farewell ends Dec. 15, when Mandela is to be buried in his hometown of Qunu in Eastern Cape province.

The anti-apartheid campaigner wanted to die in those modest, traditional surroundings; instead, he died Thursday at age 95 in his home in an exclusive Johannesburg area. He was surrounded by family after months of a debilitating illness that required the constant care of a team of doctors.

The Rev. Sebastian J. Rossouw compared Mandela to the biblical figures Isaiah and John the Baptist as men who led in dark times, calling him "that moonlight in the dark night."

God "sent us this man to

show us the depths of the human heart, he sent us this man to show us that despite what was going on at the time, light could shine," Rossouw said. He warned of the flaws of modern life in South Africa, preaching against the "corruption and crime" that plague the country.

Mandela's ex-wife, Winnie Madikizela-Mandela, joined one of his grandsons, Mandla Mandela, and South African President Jacob Zuma in a prayer service in Johannesburg.

Foreign dignitaries began arriving Sunday, and the South African government said more than 50 heads of state were expected. Those attending include Prime Minister Stephen Harper, U.S. President Barack Obama, British Prime Minister David Cameron and UN Secretary-General Ban Ki-moon.

THE ASSOCIATED PRESS

Arms trade. Iraq, Egypt among new customers for Canadian guns

Bahrain, Algeria and Iraq, countries with dubious human rights records or a history of violent internal conflict, have recently become new buyers of Canadian-made guns and ammunition, an analysis of federal government data shows.

The analysis by The Canadian Press found that Canadian exports to those countries swelled by 100 per cent from 2011 to 2012, the most recent figures publicly available.

During the same time period, exports of Canadian weapons also increased to Pakistan (98 per cent), Mexico (93 per cent) and Egypt (83 per cent), where, respectively, al-Qaida terrorists, a deadly government war on drug cartels and seismic political upheaval have sparked violence.

Though Canada's arms trade is legal and regulated, analysts say the increases raise questions about the government's foreign policy commit-

ment to human rights, and its regulatory regime for arms exports.

"Diversification is a principle of business in this globalized economy. As we see western militaries decrease their defence budgets, military industries will be looking for new markets," said Walter Dorn, the chair of international affairs studies at the Canadian Forces College.

"The danger is that the almighty dollar may become the predominant motivator in trade deals and therefore weapons are more easily shipped."

Foreign Affairs carefully reviews all export of weapons to ensure they "do not contribute to national or regional conflicts or instability" or "are not used to commit human rights violations," Foreign Affairs said in a statement.

THE CANADIAN PRESS

Sensible B.C. Group's plan for pot referendum goes up in smoke

There was plenty of smoke, but ultimately no fire for Sensible B.C.

Campaign organizer Dana Larsen confirmed Sunday that the Citizen's Initiative for a referendum on decriminalizing marijuana possession has failed ahead of Elections BC's Monday deadline.

"We're not going to make it," said Larsen. "We're very proud of our team of canvassers and what we accomplished. Two-hundred thousand signatures is still a remarkable feat."

Larsen and his team needed to collect the signatures of 10 per cent of registered voters

in every single one of B.C.'s 85 electoral districts in a 90-day period for the initiative to be a success.

"We're not done counting yet and there are last-minute signatures coming in, but it looks like we reached the threshold in about two dozen ridings," said Larsen.

That's well shy of the 85 required, though Larsen claims the sheer volume of signatures collected amount to two-thirds of their goal.

Larsen hopes to take a second crack at forcing a referendum through sometime next year.

MATT KIELTYKA/METRO IN VANCOUVER

Madison, Wisconsin

'Snuggle House' not giving city warm, fuzzy feeling

A new snuggling business in Wisconsin's capital city may have closed amid scrutiny from city officials.

Customers at Madison's Snuggle House can snuggle with professional cuddlers for \$60 an hour.

Supporters say the business helps people relax through non-sexual touch.

But city officials suspect the Snuggle House may be a thinly veiled brothel and cuddling will lead to sexual assault. Police say they're planning sting operations at the Snuggle House and city attorneys are busy drafting new ordinances to govern the business.

It's unclear whether the Snuggle House is still open. THE ASSOCIATED PRESS

Research. Drug from viper venom may prevent cause of heart attacks, strokes

It's one of the world's most poisonous snakes, and researchers hope the venom of the viper dubbed the "hundred pacer" can provide a medication to help prevent one of the world's leading killers.

A team of researchers has purified a protein from the snake's venom to develop an experimental drug aimed at preventing blood clots that can cause a heart attack or stroke.

The venom from the Southeast Asia pit viper is so potent that it is referred to by local residents as a hundred pacer



Venom is extracted from a viper.
ST. MICHAEL'S HOSPITAL/THE CANADIAN PRESS

— based on the belief that someone who is bitten will be able to walk no more than 100 steps before dying.

THE CANADIAN PRESS

Public prayer

Pope gives voice to 'cries of the poor'

Pope Francis, in the heart of Rome's fanciest shopping district, prayed on Sunday that the poor are never forgotten.

His appearance at the foot of the Spanish Steps follows a papal tradition of



A statue of the Virgin Mary
THE ASSOCIATED PRESS

public prayer before a statue representing Mary on Dec. 8, a church holiday honouring the mother of Jesus.

THE ASSOCIATED PRESS

An eggciting idea: I can't believe it's not mayo!

Which came first, the chicken or the egg?

Hampton Creek Foods hopes the answer is neither, as it aims to find plant-based alternatives for foods like mayo

The startup is housed in a garage-like space in San Francisco's tech-heavy South of Market neighbourhood, but it isn't like most of its neighbours that develop software, websites and mobile-phone apps. Its mission is to find plant replacements for eggs.

Inside, research chefs bake cookies and cakes, whip up batches of flavoured mayonnaise and pan-fry omelets and French toast — all without eggs.

Funded by prominent Silicon Valley investors and Microsoft founder Bill



Cracking open a new market — Hampton Creek Foods CEO holds a species of yellow pea used to make a plant-based mayonnaise. ERIC RISBERG/THE ASSOCIATED PRESS

Gates, Hampton Creek Foods seeks to disrupt a global egg industry that backers say wastes energy, pollutes the environment, causes disease outbreaks and confines chickens to tiny spaces.

The company, which

just started selling its first product — Just Mayo mayonnaise — at Whole Foods Markets, is part of a new generation of so-called food-tech ventures that aim to change the way we eat.

"There's nothing to indicate that this will be a

Possible benefits

- Alternatives to eggs, poultry and other meat could be good for the environment because it could reduce consumption of meat, which requires large amounts of land, water and crops to produce, backers say.
- It could also benefit people's health, especially in heavy meat-eating countries like the U.S., and also reduce outbreaks of diseases such as avian flu, advocates claim.

trend that will end anytime soon," said Anand Sanwal, CEO of CB Insights, a New York firm that tracks venture capital investment. "Sustainability and challenges to the food supply are pretty fundamental issues."

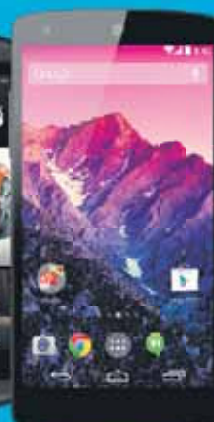
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VIOLA DESMOND DAY HAS NICE RING TO IT

Will this be one more missed opportunity?

The new Liberal government last week introduced the February Holiday Act to establish an annual mid-winter break on the third Monday of February, beginning in 2015.

"The new holiday will give people time to spend with their families and friends, just as the majority of Canadians already do," Labour Minister Kelly Regan explained.

The unanswered question: what to name the new day?

While the government has said it will ask school children to come up with suggestions, let me offer my own unsolicited nomination.

It is long past time for Nova Scotians to honour and celebrate Viola Desmond.

In 1946, Desmond, a black businesswoman from Halifax, became our very own Rosa Parks — nine years before anyone had even heard of Parks.

Parks is rightly celebrated today for touching off the sixties American civil rights movement by refusing to give up



URBAN COMPASS

Stephen Kimber

halifax@metronews.ca

her seat on a Montgomery, Ala., bus.

But Desmond also refused to give up her seat — this one in the whites-only section of the Roseland Theatre in New Glasgow.

When she ignored instructions to move to the black section in the balcony, the manager called the police who dragged her from the theatre and trucked her off to jail.

Although Desmond was officially convicted of defrauding the federal government — downstairs ticket prices were higher than in the balcony, so she'd paid one cent less amusement tax than required — everyone knew racism was the real reason she was arrested.

An appeal against the conviction — supported by the newly-formed Nova Scotia Association for the Advancement of Coloured People — ultimately failed, but the sight of this principled black woman standing up alone against state-sanctioned segregation galvanized and inspired many in Canada's own nascent civil rights movement.

Igniting the racial equality movement

But Desmond also refused to give up her seat — this one in the whites-only section of the Roseland Theatre in New Glasgow. When she ignored instructions to move to the black section in the balcony, the manager called the police who dragged her from the theatre and trucked her off to jail.

While Viola Desmond's contribution to the fight for racial equality is slowly being recognized — in 2010, the Nova Scotia government issued a posthumous pardon and apologized; in 2012, she was featured on a Canada Post commemorative stamp — it is time to take the next step and honour her with a day symbolizing the continuing fight for equality in Nova Scotia.

Viola Desmond Day.
It has a lovely ring to it.

ZOOM

One team caves in first



CHRISTOPHER FURLONG/GETTY IMAGES

Cricket goes deep in the ground

The world's first underground cricket match has taken place in a slate mine under a mountain.

The unique sporting fixture saw village clubs Caldbeck and Threlkeld play 600 metres (2,000 feet) deep inside England's last working slate mine at Honister in the English Lake District.

METRO

The treasurer says

"It was murky, water was dripping off the sides of the mine, the ground was muddy and the balls kept ricocheting off the walls. But it was a nice game, despite our team losing."

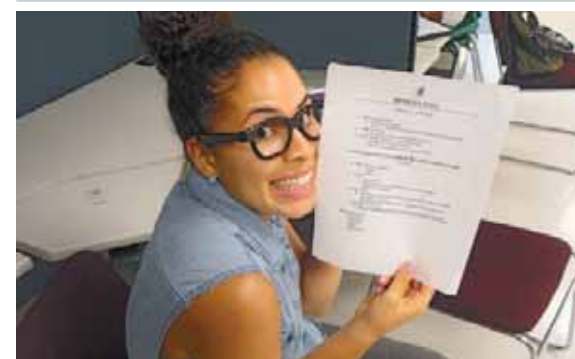
Michael Webster, treasurer of Threlkeld Cricket Club
The match was won by Caldbeck after they scored 28 runs with one over and four balls to spare.

Club raises money with extreme game

In June 2012, Threlkeld was hit by a flood that wrecked the club's cricket ground. To raise money to fix it, the club invented Extreme Cricket: Matches played in unusual locations, the photos of which are made into a calendar sold online. With proceeds from their site rainstoppplay.org, Threlkeld hopes to have their ground ready in August. METRO

Where else?

- The game has also been played on a frozen tarn; on a mountain in the Lake District; on top of a steam engine; underwater in the local Derwent River; and inside a local theatre.
- The cricket club says it has no plans to export the quirky game overseas.



CONTRIBUTED

WE ACT: CANADA DOES GOOD

Theatre for Peace

Across the nation in our neighbourhoods, Canadians are up to a whole lot of good. Here's one we'd like you to meet.

Who: Tahirah Stanley, 24, (pictured) actor and activist, from Toronto.

What: Theatre for Peace, a youth-empowering performing arts program.

Why: "Theatre has a way of really encouraging people to step outside their comfort zone and develop confidence — that's what it did for me," says Stanley.

Two years ago, Stanley started Theatre for Peace, a program that engages Toronto teens to combine their interests for the arts with their passions for social issues. Eight to 10 youth participate in each 12-week course, choosing

issues to focus on and working with industry experts to create performances to share with the community — from poetry to rapping to dancing.

What inspired you to get started? "Theatre is really, really important in my life. I wanted to be a positive role model to youth in my neighbourhood, and I thought they would benefit from being connected to people outside their immediate community."

What motivates the work you do every day? "The youth that I work with are amazing! It really fuels my soul to see the change and the impact in these youth. It makes me happy to see other people happy, and to see them flourishing and becoming confident people."

CRAIG AND MARC KIELBURGER

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Send us your comments: halifaxletters@metronews.ca



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It took a dragon to drag actress Evangeline Lilly out of retirement

The Hobbit: The Desolation of Smaug. She was done with her profession, then Peter Jackson called



**RICHARD
CROUSE**
scene@metronews.ca

The show *Lost* propelled Evangeline Lilly from unknown model to television star.

For six seasons she played Kate Austen on the hit series, earned a Golden Globe nomination, numerous Sexiest Women in the World titles and became the face of L'Oréal Paris.

But the trappings of fame didn't sit well with the Albertan actress. "I'm a small town Canadian girl," she says. "It just doesn't jive with me."

So instead of looking for the next big thing following *Lost*'s 2010 finale, she took a step back.

"My resolve to retire came when I realized it was actually the job itself that was killing me. I'm a very undramatic woman. I keep my life very simple. I don't have a lot of emotional energy to spend. I don't argue with my spouse. I don't make drama where there doesn't need to be any. I don't have girlfriends who are dramatic. I just can't stomach it."

"Having a job that required that I be at the height of drama emotionally for 14 hours a day, all day, every week for six years running was doing bad things to my health, to my psyche. I wasn't in a good place. I really



Evangeline Lilly plays the 600-year-old wood elf Tauriel in *The Desolation of Smaug*, opening Friday. CONTRIBUTED

believe if you're not happy, get out. It doesn't matter how much someone is paying you or how famous you've become, it's not worth it if you're not happy and you're not healthy."

It took Peter Jackson and a plum role in *The Hobbit: The Desolation of Smaug* to bring her out of self-imposed seclusion.

"When they asked me I was three months out of giving birth to my first son," she says. "I thought I had retired to a life of writing and motherhood. I thought I was done with acting. And then he called. I thought, 'This is too huge of an honour. I can't say no to this. This

Quoted

"This is something I had dreamed about since I was a little girl."

Evangeline Lilly on playing her role in the new *Hobbit* film.

is something I had dreamed about since I was a little girl,' so I took the job."

In the action-adventure she plays Tauriel, a 600-year-old wood elf created specially for the film. She says the character is "driven by her desire to help the vulnerable and the weak."

We'll see her again as

On powerful females

- **Evangeline Lilly likes the soft side of her current role.** "One of the things I struggle with, with powerful female roles in the media right now, is that often they are associated with male violence. If a woman can kill and slaughter like a man then suddenly she's a powerful woman, which I actually think diminishes her power. I don't think that makes them powerful. I like that this character is a softhearted compassionate elf driven out of her need for justice and her seeking of the truth. I think that is more a distinct female power. I think in the past vulnerability and compassion have been associated with weakness and I think they give a woman her power."

Tauriel next year in *The Hobbit: There and Back Again* and after that, who knows, although she says, shooting *The Desolation*

of *Smaug* in New Zealand was "such a positive experience that it has actually changed my mind about my profession."

2
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Paul Walker. ALL PHOTOS GETTY IMAGES

Trying to make off with a piece of history

What kind of a ghoulish creep does something like this? Sorry. Alleged ghoulish creep. According to E! Online, after Fast and Furious star Paul Walker's fatal crash, the parts of his totaled Porsche were gathered in a truck for transport to the impound yard.

Unfortunately, when the truck was stopped at a light, a witness saw a man get out of his car and grab a piece of the wreckage.

"The male drove away with the stolen vehicle part,"

the report said.

Luckily, police were able to trace the man and they tracked down the stolen part. One suspect, Jameson Witty, was arrested in his home in Tujunga, Calif. The car part, a roof panel, was found in a different home.

Police are apparently arranging for a second suspect to turn himself in.

Walker died in a car accident Saturday afternoon in Los Angeles, his rep confirmed. He was 40 years old.

MELINDA TAUB/METRO

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Sharon Osbourne finds a new way to scare us all



STARGAZING
Malene Arpe
scene@metronews.ca

Sharon Osbourne shares that "it was just excruciating" having her lady-parts tightened by a surgeon. What? I didn't hear because I was distracted by the excruciating pain of sticking an ice pick in my ear. I have a feeling it was worth it, though.

Glamour UK names Henry Cavill the sexiest man of 2013 with Robert Pattin-



son and Liam Hemsworth in second and third spot, respectively. Tom Hiddleston is number four... I apologize. That is the dumbest thing I've ever heard. In no realm are Superman, Sparkle Vamp and Not-Peta sexier than Loki. This list is obviously fake and stupid and I will say no more about it.

Joe Jonas says that he first

tried pot when he was 17 and lost his virginity at 20. That explains why Miley Cyrus and Justin Bieber just laughed so hard they threw up on their own shoes.

Barbara Walters' Most Fascinating People list is comprised of an actress, an anchor, a pope, a prince, a swimmer, a singer, a data-leaker, a Kimye and some bearded duck people. Said John le Carré: "I smell a bestseller."

Olympic diver Tom Daley says that he's in a happy relationship with a guy while actress Maria Bello reveals she has a girlfriend. Dammit. That's not who I picked for the 2013 celebrity sexual orientation derby bifecta.



Amanda Bynes

Doctors warn Bynes off going to school

Finally out of psychiatric treatment, Amanda Bynes is eager to go back to school for fashion design, but apparently her doctors think she shouldn't.

"Amanda was told by her doctors that going to fashion school so soon after being released from the Canyons (treatment facility) is an absolutely terrible idea," a source tells Star magazine. "It's almost setting her up for failure. There will be pressure on Amanda as far as school work, deadlines, and it's unlikely she will be able to succeed."

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Kicking it old school

Parents not keen on reading e-books

Children's storybooks are in no danger of becoming extinct, suggests a report on how kids and parents are embracing e-books.

Based on the results of online surveys conducted for Booknet Canada, a non-profit industry organization that

tracks sales and trends, it appears parents and children aren't eager to give up on the time-honoured tradition of flipping through paper books in favour of swiping around in digital content.

Of the more than 800 parents interviewed, about 41 per cent said they currently read e-books. More than 200



teens between 14 and 17 were also polled (with their parents' permission) and 27 per cent said they were e-book readers.

But few indicated they actually prefer digital books or could see themselves eschewing paperbacks for good.

Only one per cent of the parents polled said their kids aged 13 and under were at the

point of reading more e-books than print books.

The researchers also asked parents how their kids were using mobile devices.

The report suggests just over 60 per cent of kids aged three or four have access to an Apple or Google Android phone or tablet in their home. Among 11- to 13-year-old kids, about 80 per cent had a device in their home.

THE CANADIAN PRESS

Exclusively online



The Elf on the shelf is driving Mommy insane! Find out why with Metro content from Lyranda Martin Evans and Fiona Stevenson, authors of the hilarious, best-selling book *Reasons Mommy Drinks*, at metronews.ca/voices



Playing Santa on a budget

Gift giving. What do you do if your kid asks the Big Guy for something expensive? Metro's columnist has some ideas



IT'S ALL
RELATIVE
Kathy Buckworth
Kathybuckworth.com

'Tis the season to be stressed out, falalalala lalalala yikes.

While Christmas brings a lot of happiness to families, it can also be a frantic time, and the biggest causes of stress (according to a recent Leger survey conducted for PCFinancial) are associated with gifts: the buying and the giving. Forty-one per cent of Canadians surveyed listed budget as their top source of holiday stress, which was matched by 41 per cent also indicating they felt stress over choosing just the right gift. Clearly, finding the balance between the two is difficult.

For parents, it can be especially challenging when



Forty-one per cent of Canadians surveyed by Leger indicated budget as their top holiday stress. ISTOCK

dealing with children, particularly those who assume it's Santa bringing their gifts, not penny-pinching mom and dad. But what can parents do when they know the most desired gift is well outside of even Santa's budget?

Have the kids make out a

wish list, and check it twice to make sure they have listed more than one item. Budget or availability may make delivering that single desired object impossible. Explain to the kids that even Santa can be "out of stock" or have to spread his spending around.

Older kids (age seven-nine) should understand the value of money, even if they are expecting Santa to bring gifts. Suggest to them they can contribute earned chore money, or money saved in a bank account, to leave out for Santa, who can pocket

the cash and deliver a more expensive gift in return.

Have a number and stick to it. It's easy to get stuck in the "evening out" trap when you have more than one child. If they are still counting the number of presents, fill some boxes with inexpensive candies or dollar store items.

The biggest joy of Christmas, according to the survey, is spending time with family (65 per cent), so it makes sense to give a (budget friendly) gift that families can enjoy together. Many kids ask for electronics, so look for one that can be shared.

Kobo has some terrific options to get families reading together, and its gift cards are an easy way to get new e-books, which can be given by other family members.

Cashing in loyalty points (as 46 per cent of Canadians say they will do) is a great way to purchase gift cards. A Cineplex gift card lets you share time at a movie with a family member. Give yourself a gift and deck those bills with vows of holiday savings. **GIVE THE GIFT OF KATHY'S, I AM SO THE BOSS OF YOU AVAILABLE AT BOOKSTORES EVERYWHERE, AND ON KOBO.**



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- 5 Hedley Anything
- 4 Lady Gaga ft R Kelly Do What U Want
- 3 Britney Spears Work Work
- 2 Pitbull ft Ke\$ha Timber
- 1 Eminem ft Rihanna The Monster

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3 THE

Stuff your turkey with butter-nutty pecan flavour

1. Preheat oven to 375 F (190 C).

2. Stuffing: In non-stick dry skillet over medium heat, sauté onion until soft. Let cool.

3. Beat egg with milk in a large bowl. Add bread and wait 2 minutes to allow it to soak up liquid. Stir in onions, squash, pecans and cheese. Generously season with pepper.

4. Turkey: Slice turkey breast in half lengthwise, without cutting all the way through, and open like a book. Cover with plastic wrap and flatten with a butcher's mallet or a rolling pin, until about 1/2 inch (1 cm) thick.

5. Spread bottom part with stuffing and close up turkey breast to seal stuffing inside. If desired, tie with string like a roast or hold in place using toothpicks. Place in a baking dish pan and cover top of turkey with pancetta and thyme.

Ingredients

Stuffing

- 1/2 onion, finely chopped
- 1 egg
- 1/4 cup (60 ml) milk
- 2 slices of bread, cut into cubes
- 1 1/3 cup (325 ml) grated butternut squash
- 1/3 cup (75 ml) pecan pieces
- 5 oz (150 g) Gunn's Hill Five Brothers cheese, cut into small cubes
- Freshly ground pepper

Turkey

- 2 lb (1 kg) boneless skinless turkey breast
- 18 very thin slices of pancetta (about 4 oz/125 g)
- 2 tbsp (30 ml) thyme leaves

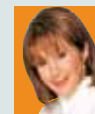
6. Roast for 1 hour or until meat thermometer reads 170 F (77 C). Let rest 10 minutes before slicing. Serve with seasonal vegetables. **DAIRY FARMERS OF CANADA (ALLYOUNEEDISCHEESE.CA/GRANDPRIX)**



This recipe serves eight. DAIRY FARMERS OF CANADA

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Tortilla chips are a favourite snack or appetizer at Mexican restaurants for many people, but what you dip them in could add up quickly in calories and fat.



Taco Del Martortilla chips and guacamole

740 calories / 44 g fat
An avocado has more than 300 calories and 30 grams of fat. The fat is heart healthy but calories add up.

Equivalent

A serving of tortilla chips with guac is equal in calories to 90 Lays baked potato chips and 1/2 cup tomato salsa.



Taco Del Mar tortilla chips and salsa

440 calories / 21 g fat
Save the calories and enjoy a tomato-based salsa with only vegetables added. Then you can afford the Mexican dinner.



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'Round the world wisdom

Facing adversity? Expectations can be a heavy burden

The severe market crash in October 2008 changed my life. I started running to regain my health, both emotional and physical. Shortly after I took my first steps, I ran the Gobi March in China in June '09, followed by the Atacama Crossing in Chile in '10 and the Sahara Race in Egypt in '11. In this post, I share a lesson about life, learned from the desert.



LESSONS FROM THE DESERT
Stéfán Danis
life@metronews.ca

I started the Gobi March hoping to finish it. I ran free of expectations for the first four days, each a marathon in length. Somehow, I ran it very fast. I wasn't paying attention to the results, simply grateful to be there, each day closer to finishing the race. After the fourth day, I was then advised that I was in the lead in the 40- to 50-year-

old category.

On the fifth day, it all changed. I started to run not to lose.

Each of us ran the race with about 25 pounds of food, meds, survival gear, and clothes in our backpacks. On day five, I started to add invisible baggage to my backpack; expectations, stress, and especially fear of failure. It no longer weighed 25 pounds, it weighed a ton, and I ran slowly and nervously. My mental narrative until then was "this is the most beautiful desert I've ever seen". Now, all I could hear myself say was "don't mess up".

I realized that my whole life had been lived with outcomes in mind. When I returned home, I became

present to a much bigger problem; I put expectations on others too! I was adding weight to others' already full backpacks.

Today, I try to avoid having expectations around a specific outcome. I tell people I can be counted on to give my best effort, and I ask the same from others. The results will be what they will be. With this approach, I have since found that the results have gotten better.

Have you tried to give your best as opposed to try to meet expectations?

STÉFÁN DANIS IS THE CEO OF NEXCAREER AND MANDRAKE, AND THE AUTHOR OF GOBI RUNNER



Mooseheads 4, Islanders 1

Halifax overpower Isles in P.E.I.

Dominique Ducharme really liked what he saw on Sunday afternoon.

The Halifax Mooseheads head coach watched the Herd play a solid, complete game effort en route to a 4-1 road victory over the Charlottetown Islanders.

"Everyone played well," said Ducharme. "We didn't give up many shots. When you do that, most of the time you spend more time with the puck, creating turnovers, taking time and space away from the other team."

After falling behind 1-0 at the midpoint of the opening frame on Matej Beran's power play marker, the Mooseheads fired back with three straight power play goals to take a two-goal lead early in the third period.

Darcy Ashley would put the contest on ice with his 14th goal of the year on an empty net.

Mooseheads rookie Nikolaj Ehlers scored once and picked up a pair of assists. Ashley also had two helpers, while Timo Meier and Andrew Ryan rounded out the scoring for the Herd.

The Mooseheads (23-10-0-1) sit in second place in league standings.

They hit the road to take on the Baie-Comeau Drakkar on Thursday.

ANDREW RANKIN/METRO



Nikolaj Ehlers
COURTESY HALIFAX MOOSEHEADS

Moose GM sounds off on Drouin hit

QMJHL. Russell and owner Smith will discuss appealing league's decision



ANDREW RANKIN

andrew.rankin@metronews.ca

The Halifax Mooseheads general manager says he's shocked and angry over the Quebec Major Junior Hockey League's decision not to suspend a Quebec Remparts player over an incident that left Jonathan Drouin with a concussion.

From the Metro Centre press box, Cam Russell watched his star player get blindsided with a ferocious hit from behind by Remparts forward Adam Erne during Friday evening's 4-3 shootout loss.

Drouin crumpled to the ice and eventually left the game, bleeding from his forehead with concussion-like symptoms.

Erne earned only a game misconduct. Drouin was since diagnosed with a mild concussion and missed Sunday's game against the Charlottetown Islanders.

"I'm baffled," said Russell. "(Drouin) goes head first into the boards, he's cut him open. (Drouin) misses that game plus another game. Don't ask me to explain it, because I can't.

"But I can say that that it's sending the wrong message."



Mooseheads General Manager Cam Russell. METRO FILE

Quoted

"My reaction is anger and disbelief."

Mooseheads GM Cam Russell

Russell had a meeting with league officials Saturday evening, but wouldn't disclose the reasoning behind the QMJHL's decision.

"It definitely wasn't satis-

factory, though," said Russell.

He said he and team owner Bobby Smith will discuss the possibility of an appeal.

But that's not all. Russell also believes that another Remparts player, Nick Sorenson, should be suspended for a cross check to the throat of Mooseheads forward Darcy Ashley also during Friday's game.

"You look at the Sorenson cross check on Ashley, it was

intentional, he crosschecked him on the ice. Darcy got suspended for the same thing in the playoffs four years ago. The referee saw the play. He called the match penalty. But, for some reason that was changed to a game misconduct, no suspension.

"Don't ask me to explain that, either."

Drouin is still suffering from a mild concussion and his status remains day-to-day.

Long winter ahead as Rainmen fall again



Rainmen centre George Goode reacts to the team's 108-107 loss to the Island Storm at the Metro Centre on Sunday afternoon. ANDREW RANKIN/METRO

For a moment it was theirs to take, but then they let it slip away.

After an inspiring 19-1 fourth-quarter run, the Halifax Rainmen were up 107-106 against the Island Storm and seconds away from their first win of the season.

Then it all unravelled. Rainmen guard Tyler Richards rushed a failed three-point attempt. The Storm responded by completing a fast break.

The Rainmen were suddenly down 108-107 with six seconds left in regulation time. That's the way it stayed, much to the chagrin of 2,321

bitterly disappointed fans at Metro Centre.

"I don't know what to say," said Rainmen centre George Goode, who finished with 15 points. "We keep fighting. We're right there. One play away every time. We fight every game. One or two plays and we lose the ball game."

After falling 117-108 to the Ottawa SkyHawks on Saturday, the Rainmen are 0-9 on the season.

The Rainmen managed to squeak out a two-point lead by the end of the opening quarter against the Storm but mostly played catch-up from

there, facing a 92-84 deficit in the final quarter.

While Halifax shot an impressive 53 per cent from the field, scoring 60 points inside the paint, they struggled to contain the Storm's long-range shooters, who had a combined 45 points from beyond the arc.

The Storm's Adrian Moss scored a game-high 33 points while Tim Parham and Cheyne Gadson paced the Rainmen with 19 points each.

The Rainmen face the Windsor Express at the Metro Centre on Thursday at 7 p.m.

ANDREW RANKIN/METRO

4 SPORTS



Leafs forward Carter Ashton finds himself in a pack of angry Bruins on Sunday night in Toronto. RICK MADONIK/TORSTAR NEWS SERVICE

Bruins still too big, too bad for Leafs

NHL. Bostonians stick to hockey, beating Toronto after Saturday night fever in Pittsburgh

The depleted Boston Bruins, in the spotlight for all the wrong reasons the previous night, rallied with three goals in the second period to defeat the Toronto Maple Leafs 5-2 on Sunday.

Coming off an ugly, violent Saturday night win over Pittsburgh, the Bruins (20-8-2)

On Sunday

5

Bruins

2

Maple Leafs

were without suspended forward Shawn Thornton and the injured Loui Eriksson and Chris Kelly, among others.

It showed as the Leafs, who beat Ottawa 4-3 in a shootout Saturday, controlled

the early going and led 1-0 after the first. But the Bruins' three-goal outburst in the second period, including a pair of power-play goals in a 94-second stretch, left the Leafs in their wake.

Toronto, which also gave up two power-play goals against the Senators, went 0 for 4 on its power play Sunday. The Bruins outshot the Leafs 40-32.

Peter Holland and Jay McClement scored for Toronto (16-12-3) before an announced crowd of 19,165.

THE CANADIAN PRESS

NHL

Bruins beat up upon entering Toronto

The Boston Bruins arrived in Toronto hurting and expecting bad news.

A suspension was hanging over forward Shawn Thornton after his meltdown in Saturday night's 3-2 win over Pittsburgh sent Penguins defenceman Brooks Orpik



Shawn Thornton

to hospital. Thornton, enraged at seeing teammates injured in the game in Boston, is suspended pending an in-person disciplinary hearing.

"Last night was a tough night, I'll be honest with you," Boston coach Claude Julien

said before Sunday night's game. "Because we don't like to see what happened. It's unfortunate. The incidents were very unfortunate."

Forwards Loui Eriksson and Chris Kelly were both injured in the Pittsburgh game. Eriksson sustained a concussion after being hit by Orpik and Kelly was placed on long-term injured reserve after breaking his right fibula.

THE CANADIAN PRESS

NHL

Wild win the Harding way

The Minnesota Wild gained some momentum heading into a stretch in which they will spend little time at home.

Josh Harding made a season-high 37 saves in another strong home outing, and the Wild beat the San Jose Sharks 3-1 on Sunday night despite recording a season-low 13 shots.

THE ASSOCIATED PRESS

NFL

Niners not going quietly in NFC West

The San Francisco 49ers aren't handing over their two-year division reign just yet. And certainly not on their home field where they rarely lose against the NFC West. Phil Dawson kicked a 22-yard field goal with 26 seconds remaining and the Niners held off the nemesis Seahawks 19-17 on Sunday, denying Seattle a chance to clinch the division.

THE ASSOCIATED PRESS

NBA

Raptors send Gay to California

It appears Rudy Gay is heading out of Toronto. The Raptors are expected to announce a trade Monday to send the small forward along with centre Aaron Gray and forward Quincy Acy to the Sacramento Kings, according to reports. The Raps get guards John Salmons and Greivis Vasquez, forward Patrick Patterson and centre Chuck Hayes. THE CANADIAN PRESS

NHL

EASTERN CONFERENCE

ATLANTIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Boston	30	20	8	2	84	61	42
Montreal	31	19	9	3	85	65	41
Detroit	31	15	9	7	85	82	37
Tampa Bay	29	17	10	2	80	70	36
Toronto	31	16	12	3	86	87	35
Ottawa	30	11	14	5	86	99	27
Florida	31	9	17	5	70	104	23
Buffalo	30	6	22	2	51	91	14

METROPOLITAN DIVISION

	GP	W	L	OL	GF	GA	Pt
Pittsburgh	31	20	10	1	96	70	41
Washington	30	16	12	2	92	85	34
Carolina	30	13	12	5	71	84	31
NY Rangers	31	15	15	1	69	80	31
New Jersey	31	12	13	6	69	77	30
Philadelphia	29	13	14	2	64	73	28
Columbus	29	12	14	3	72	80	27
NY Islanders	30	8	17	5	75	104	21

Sunday's results

Minnesota 3 San Jose 1
Chicago 6 Florida 2
Boston 5 Toronto 2
Washington 4 NY Rangers 1
Vancouver 3 Colorado 1

Saturday's results

Dallas 5 Philadelphia 1
Winnipeg 2 Tampa Bay 1 (OT)
Washington 5 Nashville 2
Boston 3 Pittsburgh 2
Florida 2 Detroit 1

SCORING LEADERS

	G	A	Pts
Crosby, Pgh	15	27	42
Malkin, Pgh	7	30	37
Getzlaf, Ana	16	20	36
Kane, Chi	16	18	34

WESTERN CONFERENCE

CENTRAL DIVISION

	GP	W	L	OL	GF	GA	Pt
Chicago	32	21	6	5	116	89	47
St. Louis	28	19	6	3	98	66	41
Minnesota	32	18	9	5	77	75	41
Colorado	28	20	8	0	82	65	40
Dallas	28	14	9	5	81	80	33
Winnipeg	31	14	13	4	82	88	32
Nashville	30	13	14	3	67	88	29

PACIFIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Anaheim	32	20	7	5	101	84	45
San Jose	30	19	6	5	101	75	43
Los Angeles	30	19	7	4	79	62	42
Vancouver	32	17	10	5	86	81	39
Phoenix	29	16	8	5	94	93	37
Calgary	29	11	14	4	78	98	26
Edmonton	31	10	18	3	84	105	23

Note: Two points for a win, one point for overtime loss.

Montreal 3 Buffalo 2
Toronto 4 Ottawa 3 (SO)
New Jersey 4 NY Rangers 3 (OT)
Anaheim 5 St. Louis 2
Calgary 2 Edmonton 1 (OT)
Los Angeles 3 NY Islanders 0

Monday's games — All Times Eastern

Philadelphia at Ottawa, 7:30 p.m.
Columbus at Pittsburgh, 7:30 p.m.
NY Islanders at Anaheim, 10 p.m.
Carolina at Vancouver, 10 p.m.

NFL

WEEK 14

Sunday's results

Kansas City 45 Washington 10
Baltimore 29 Minnesota 26
Tampa Bay 27 Buffalo 6
N.Y. Jets 37 Oakland 27
Miami 34 Pittsburgh 28
New England 27 Cleveland 26
Cincinnati 42 Indianapolis 28

Green Bay 22 Atlanta 21
Philadelphia 34 Detroit 20
Denver 51 Tennessee 28
San Diego 37 N.Y. Giants 14
San Francisco 19 Seattle 17
Arizona 30 St. Louis 10
New Orleans 31 Carolina 13
Monday's game — All Times Eastern
Dallas at Chicago, 8:40 p.m.

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
d-Indiana	18	3	.857	—
d-Miami	16	5	.762	2
Atlanta	11	10	.524	7
d-Boston	10	12	.455	8 1/2
Detroit	10	11	.476	8
Washington	9	10	.474	8
Charlotte	9	11	.450	8 1/2
Chicago	8	10	.444	8 1/2
Toronto	7	12	.368	10
Cleveland	7	13	.350	10 1/2
Philadelphia	7	14	.333	11
Orlando	6	14	.300	11 1/2
Brooklyn	6	14	.300	11 1/2
New York	5	14	.263	12
Milwaukee	4	16	.200	13 1/2

WESTERN CONFERENCE

	W	L	Pct	GB
d-Portland	17	4	.810	—
Oklahoma City	15	4	.789	1
d-San Antonio	15	4	.789	1
d-L.A. Clippers	13	8	.619	4
Houston	15	7	.682	2 1/2
Dallas	13	8	.619	4
Denver	12	8	.600	4 1/2
Golden State	12	9	.571	5
Phoenix	11	9	.550	5 1/2
L.A. Lakers	10	10	.500	6 1/2
New Orleans	9	10	.474	7
Memphis	9	10	.474	7
Minnesota	9	11	.450	7 1/2
Sacramento	5	13	.278	10 1/2
Utah	4	18	.182	13 1/2

d - division leaders

Sunday's results

Boston 114 New York 73
Miami 110 Detroit 95
Houston 98 Orlando 88
Oklahoma City 118 Indiana 94
Toronto 106 L.A. Lakers 94
Monday's games — All Times Eastern
L.A. Clippers at Philadelphia, 7 p.m.
Golden State at Charlotte, 7 p.m.
Denver at Washington, 7 p.m.
Portland at Utah, 9 p.m.
Orlando at Memphis, 8 p.m.
Dallas at Sacramento, 10 p.m.

MLS

MLS CUP

Saturday's result

Sporting Kansas City 1 Real Salt Lake 1
(Sporting K.C. wins 7-6 on penalty kicks)

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December 9

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Horoscopes

♈ Aries

March 21 - April 20

You may be open and honest by nature but is letting any one and everyone know what you are thinking such a good idea?

♉ Taurus

April 21 - May 21

There is a lot of pressure on you at the moment, the sort that would make other people crack. But you're not other people, you're a Taurus, and giving in and giving up are not in your nature. What's the worst that can happen?

♊ Gemini

May 22 - June 21

You may have to be cruel to be kind today. The planets indicate that someone you are close to emotionally needs to be reminded that they can't always have things their own way.

♋ Cancer

June 22 - July 23

Jupiter in your sign is giving you plenty of big ideas but because the planet of expansion is moving retrograde at the moment you must take care.

♌ Leo

July 24 - Aug. 23

Whatever your current problems may be they're not as bad as they seem.

♍ Virgo

Aug. 24 - Sept. 23

You will encounter hostility of some sort over the next 24 hours, most likely from someone who resents your ability to point out where they are going wrong. If it gets heated you would be wise to turn your back and walk away.

♎ Libra

Sept. 24 - Oct. 23

Make a point of respecting other people's right to have opinions you don't agree with. If you must criticize what they say at least do so in a civilized fashion.

♏ Scorpio

Oct. 24 - Nov. 22

No matter how honest you think someone may be you would be wise not to let them make decisions for you today, especially if those decisions involve your hard-earned cash.

♐ Sagittarius

Nov. 23 - Dec. 21

Some of the people you have to deal with today will drag their feet and find excuses why they cannot deliver what you require.

♑ Capricorn

Dec. 22 - Jan. 20

Someone you work or do business with has been taking liberties of late and you are almost at the point where you have to say something rude.

♒ Aquarius

Jan. 21 - Feb. 19

Try not to get excited about something that is not important today or you may miss out on something that is. There are so many distractions in your life at the moment that your brain cannot possibly keep track of them all.

♓ Pisces

Feb. 20 - March 20

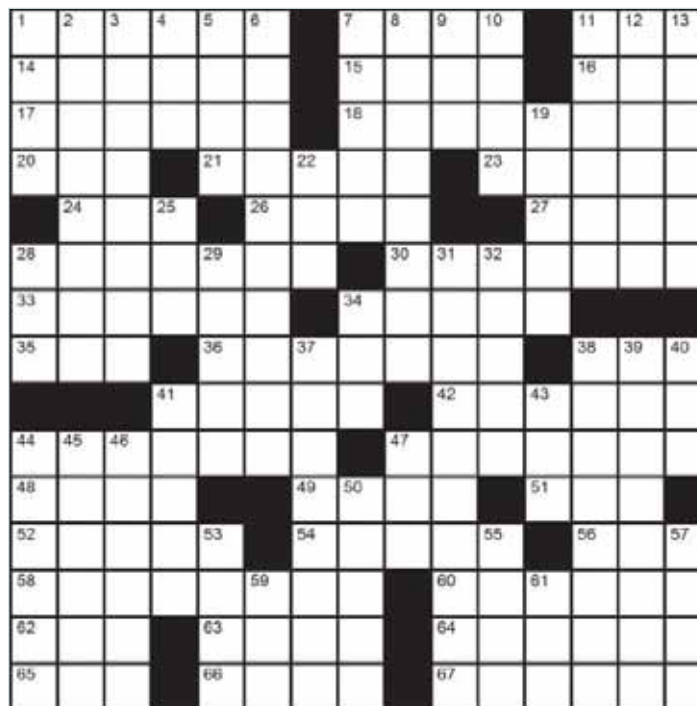
If you are smart you will tone down some of your more outrageous ideas today, at least while in the presence of people you need to stay on good terms with.

SALLY BROMPTON

Crossword: Canada Across and Down

Across

1. Southern Manitoba community
7. Good: French
11. Knee injury [acronym]
14. Flip over the 'Closed' sign
15. To, archaically
16. Francis __, "Love Story" (1970) score composer
17. Tempt the fish again
18. "We are __ / We are golden..." - Joni Mitchell, "Woodstock"
20. __ Paulo, Brazil
21. Second Cup offering
23. Medieval helmet
24. Stone __
26. Raise
27. Blue dye
28. Imperativeness
30. Niagara-on-the-Lake export
33. Communicate in the direction of, lion-style: 2 wds.
34. Some papers
35. Holiday __
36. Explanatory picture
38. Guileful
41. Religious orders
42. Kitchen gadget, lemon __
44. Early computer programming language
47. Monty __ Flying Circus
48. Prefix with 'logical'
49. Eyes: Spanish
51. Tycoon Mr. 'O'
52. "Chip ' __ ': Rescue Rangers"
54. Terra __
56. "Oh, give __ home..."
58. Group of Seven



5. member, __ __ (b.1898 - d.1992)
60. Cleopatra's guy
62. Batch
63. Leaning Tower of __
64. Bring on
65. Charlotte's Web author Mr. White, et al.

66. Hair accessories
67. Took a breather

Down

1. Train stn. postings
2. Canada's 'Metal Queen', born in Belleville, ON: 2 wds.
3. Sled
4. __-locka, Florida
5. Mr. Young
6. Lieu of Prince Harry's current charity trek: 2 wds.
7. Rapper, __ Rhymes
8. The BC __
9. 7th Greek letter
10. Romance novelist Ms. Roberts
11. Reunion at-

- tendees
12. __ point... (For example...)
13. Small
19. Sketches
22. Scottish writer, Josephine __
25. 'Ballad' suffix
28. Spoonbender Mr. Geller
29. Consumer advocate, Ralph __
31. Emily Carr's painting The __ recently sold for \$3.39 million, a record-breaking auction price for her
32. Ant, archaically
34. Friends of HJKs
37. Free: 3 wds.
38. Leave in a huff: 2 wds.
39. Mildness, as in a judge's ruling
40. Mos. and mos.
41. Tunic of ancient Rome
43. Doo-Wop music syllable
44. Closing curtain
45. Honey Do List task: 2 wds.
46. Is affected by
47. Plant holder
50. The __ Brothers
53. Sporty TV network
55. Author Ms. Rice
57. Positively-replied at sea
59. "Sprechen __ Deutsch?"
61. QB's feats

Friday's Crossword

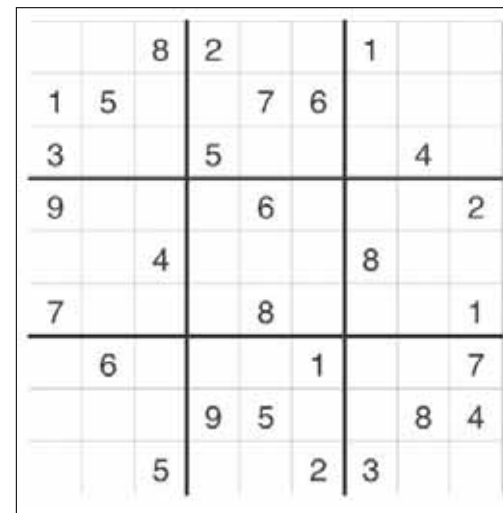


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Friday's Sudoku



Today -4°/-6° Flurries 40%

Tuesday 4°/-7° Variable

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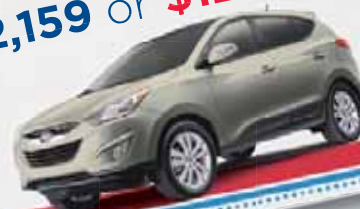
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